



Co-ed Sand Volleyball 2024



Sign your team up now!
Don't wait for the deadline, please respond back asap if you are or not having a team!

Deadline: Friday, MAY 7, 2024

- Leagues:** Wednesday Night Teams - 45 minute time limit on games-
game time: 6:00, 6:45 & 7:30
- B League (no spiking by men)
 - B power League (men can spike)

- Thursday Night Teams -
- One level (B power/B league)
game time 6:15 & 7:15
(power rules, men can spike) no time limit on games

Entry Fee: \$80 without Refs. All fees and rosters must be paid by MAY 7, 2024. No schedules will be done until all team fees are paid.

Make checks payable to: **The City of Lake Mills**

Mail to: Jane Riedl, N7204 Faville Rd, Lake Mills, WI 53551

Please RSVP if you do not intend to have a team.

Leagues will start on Wednesday May 29 & Thursday May 30, 2024.



As teams sign up I will add you to the google doc.



VOLLEYBALL WAIVER OF LIABILITY – 2024

Under 18

In consideration of being permitted to participate in the 2024 volleyball league at Sandy Beach, located in the City of Lake Mills, and to be upon the premises of Sandy Beach Park for the purposes of going to and from volleyball activities, I hereby waive and release the City of Lake Mills, its agents, employees, representatives and assigns from any and all claims for all damages resulting as a consequence of or arising out of participating in the volleyball league or being upon the premises for that activity, and I do further covenant and agree to indemnify the city of Lake Mills, its agents, employees, representatives and assigns and save each of them harmless against any and all claims which may be made or brought against them as a consequence or arising out of the said activities.

Date: _____

Signature: _____

Please print the following:

Name: _____

Address: _____

Phone: _____

Date of Birth: _____

To be completed by parent or guardian if under 18 years of age:

I do hereby enter into the above waiver of liability in consideration of my son, daughter, or ward, names above, being permitted to participate in the volleyball league and to be upon the premises for the activity at Sandy Beach Park during the 2024 season.

Parent or Guardian Signature: _____

Print Parent or Guardian Name: _____

Parent or Guardian Address: _____

Date: _____

"B" League Rules 2024

1. Rally score to 21, NO 2 pt lead (first team to 21). Let serve allowed, 45 min. **strict time limit.**
2. You must make your own calls.
3. Captains must record scores in the binder.
4. Each server must call out the score. On a side out, you must rotate on the first serve.
5. In 3rd game, if time limit, 1st team to 5 wins, no 2 pt lead.
6. NO practicing on the court. Warm up may be done before scheduled game time, off the courts.
7. Minimum of 2 players and a maximum of 6 players on a court. You may pick up as many players to fill your team.
8. Free substitution with approval from opposing team.
9. No more than one player of the opposite sex may be on the court at one time.
10. Three women may hit the ball over the net. If the ball is hit more than once on a side and man touches it, a woman must hit the ball.
11. May bump or set a serve. Foot digs, will be allowed.
12. No spiking by the men.
13. No open hand hitting.
14. Pole to pole for out of bounds.
15. You may serve any-where on the back line.
16. No blocking the serve.
17. WIAA rules will govern all other plays.
18. The City of Lake Mills is not responsible for accidents, or personal property.

Jane Riedl
920-723-9632

Wednesday League
B Power League Rules 2024

1. Rally score to 21, NO 2 pt lead (first team to 21). Let serve allowed, 45 min. **strict time limit.**
2. You must make your own calls.
3. Captains must record scores.
4. Each server must call out the score. On a side out, you must rotate on the first serve.
5. In 3 game, if time limit, 1st team to 5 wins, no 2 pt lead.
6. NO practicing on the court. Warm up may be done before scheduled game time, off the playing court.
7. Minimum of 2 players and a maximum of 6 players on a court. You may pick up as many players to fill your team.
8. Free substitution with approval from opposing team.
9. No more than one player of the opposite sex may be on the court at one time.
10. Three women may hit the ball over the net. If the ball is hit more than once on a side and man touches it, a woman must hit the ball.
11. May bump or set a serve. Foot digs, will be allowed.
12. Spiking by the men will be allowed.
13. No open hand lifts.
14. Pole to pole for out of bounds.
15. You may serve any-where on the back line.
16. No blocking the serve.
17. WIAA rules will govern all other plays.
18. The City of Lake Mills is not responsible for accidents, or personal property.

Jane Riedl
920-723-9632

Thursday League
B Power League Rules 2024

1. Rally score to 25, 2 pt. lead, let serve allowed.
2. You must make your own calls.
3. Captains must record scores.
4. Each server must call out the score. On a side out, you must rotate on the first serve.
5. Minimum of 2 players and a maximum of 6 players on a court. You may pick up as many players to fill your team.
6. Free substitution with approval from opposing team.
7. No more than one player of the opposite sex may be on the court at one time.
8. Three women may hit the ball over the net. If the ball is hit more than once on a side and man touches it, a woman must hit the ball.
9. May bump or set a serve. Foot digs, will be allowed.
10. Spiking by the men will be allowed.
11. No open hand lifts.
12. Pole to pole for out of bounds.
13. You may serve any-where on the back line.
14. No blocking the serve.
15. WIAA rules will govern all other plays.
16. The City of Lake Mills is not responsible for accidents, or personal property.

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